

LESSON 6

THE BEAUTY OF INDIVIDUALITY

How can I be my best self in my marriage?

Instructions: After watching the video, take a few minutes to answer these questions with your spouse. Try to be as open and honest as possible. If a question leads to another insight, don't be afraid to follow it for a bit and see where it leads. Remember, there are no wrong answers. The goal is to share and connect with each other.

1. What was thought-provoking or challenging to your thinking in this lesson? What stood out to you?
2. What differences do you see between yourselves? How do those differences complement one another?
3. How do your spouse's giftings and personality inspire you to grow?
4. What do you feel each of your God-given callings are?
5. How can you encourage and champion each other to fulfill your callings?
6. How are you actively serving Christ as an individual and as a team?

7. How are you stewarding your giftings and allowing God to use them?

8. Are you taking responsibility for having a strong relationship with the Lord? If so, how? If not, where can you grow?

9. Do you have a heart of humility and a teachable spirit? Take time to answer this for yourself and then ask your spouse what they see. Remember to speak with grace and listen with an open heart.

10. What areas have you been a mirror for each other? How did that feel?

11. As you work towards self-awareness, sometimes pride can get in the way. It can be hard to admit that something we don't like might be true about ourselves. Is pride getting in the way for you? If so, how? What changes do you need to make?

12. Is there anything else hindering you on the road to self-awareness, such as fear, anger, or frustration? If so, how can you overcome these obstacles?

13. Do you provide a safe space for your spouse to be fully transparent and open with you? Where can you grow in this area?